

# NICOLE KLEMAS, ELS



**Content development expertise  
at the intersection of medicine,  
movement, and the outdoors**

Board-Certified Editor in the Life  
Sciences

## HIGHLIGHTS

- 20+ years of experience in medical communications
- 10+ years supporting holistic wellness and therapeutic recreation programs
- Special interest in the medicine of movement and the healing power of the outdoor environment

## CURRENT

### **Expert Content Consultation | 2007-Present**

Medical writing, editing, and fact-checking  
Health, wellness, and outdoor sport content

### **Senior Medical Writer | BioPharm Comm. | 2010-Present**

Promotional omnichannel medical education content  
development for print and digital formats (contractor)

### **Managing Editor | AHA, Inc. | 2013-Present**

Oversee *Equilibrium*, a clinical journal for therapists who  
incorporate horses in treatment (contractor)

## EDUCATION

### **BA, Communication | 2001 | Monmouth University**

Graduated cum laude

Member of Lambda Pi Eta, the National Communication  
Association Honor Society

Recipient of the 2001 University Award for Writing



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## COMMITMENT TO WELLNESS

**A certified facilitator of holistic  
wellness in multiple settings:**

- Therapeutic horseback riding instructor (PATH CTRI certification)
- Yoga and meditation instructor (YTT200 certification)
- Corrective exercise specialist (NASM CES certification)